



Sheila L. Hansen, LMFT 115782, Registered Play Therapist
1601 Dove Street, Suite #100, Newport Beach, CA 92660
(949) 424-4083

Telemedicine Informed Consent Form

I, _____ (client) hereby consent to engaging in telemedicine with Sheila L. Hansen, Licensed Marriage & Family Therapist and Registered Play Therapist (therapist/healthcare provider) as part of my psychotherapy and understand that my healthcare provider wishes me to engage in a telemedicine/telehealth consultation/session. I understand that “telemedicine/telehealth” includes the practice of health care delivery, diagnosis, consultation, treatment, transfer of medical data, and education using interactive audio, video, or data communications. I understand that telemedicine also involves the communication of my medical/mental information, both orally and visually, to health care practitioners located in California or outside of California.

I understand that I have the following rights with respect to telemedicine:

- 1) I have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment or risking the loss or withdrawal of any program benefits to which I would otherwise be entitled.
- 2) The laws that protect the confidentiality of my medical information also apply to telemedicine. As such, I understand that the information disclosed by me during the course of my therapy is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, including, but not limited to reporting child, elder, and dependent adult abuse; expressed threats of violence towards an ascertainable victim; and where I make my mental or emotional state an issue in a legal proceeding. I also understand that the dissemination of any personally identifiable images or information from the telemedicine interaction to researchers or other entities shall not occur without my written consent.
- 3) I understand that there are risks and consequences from telemedicine, including, but not limited to, the possibility, despite reasonable efforts on the part of my psychotherapist, that: the transmission of my medical information could be disrupted or distorted by technical failures; the transmission of my medical information could be interrupted by unauthorized persons; and/or the electronic storage of my medical information could be accessed by unauthorized persons.

My therapist/healthcare provider has explained to me how the video conferencing technology that will be used to affect such a consultation/session will not be the same as a direct client to therapist/healthcare provider visit due to the fact that I will not be in the same room as my therapist/healthcare provider. In addition, I understand that telemedicine based services and care may not be as complete as face-to-face services. I also understand that if my psychotherapist believes I would be better served by another form of psychotherapeutic services (e.g. face-to-face services) I will be referred to a psychotherapist who can provide such services in my area. Finally, I understand that there are potential risks and benefits associated with any form of psychotherapy, and that despite my efforts and the efforts of my psychotherapist, my condition may not be improve, and in some cases may even get worse.

- 4) I understand that I may benefit from telemedicine, but that results cannot be guaranteed or assured.
- 5) I understand that I have a right to access my medical information and copies of medical records in accordance with California law.
- 6) I understand that a telehealth consultation has potential benefits including easier access to care and the convenience of meeting from a location of my choosing.
- 7) I understand there are potential risks to this technology, including interruptions, unauthorized access, and technical difficulties. I understand that my health care provider or I can discontinue the telehealth consult /visit if it is felt that the videoconferencing connections are not adequate for the situation.

